What is the Adaptive Program all about?

The goal of the Program is to prepare most students for Job Placements and/or Volunteer Opportunities.

Who is eligible?
Adults 21 or older with developmental disabilities who are:
- Able to demonstrate a high level of independence
- Able to spend lunch and break times without supervision
- Able to set and work toward specific goals
- Able to attend classes four days per week
- Willing to work or volunteer in the community
- Able to follow routines and directions
- Able to work in a variety of environments, with different people
- Have the support of family and caregivers in finding employment or volunteer positions

What will you learn?
Students learn both the targeted and transferable skills needed to prepare for employment. Transferable skills are those that will help them in any job, such as:
- Gaining self-confidence, problem solving and self-management
- Understanding workplace culture and expectations
- Knowing labour laws and rights
- Working as part of a team and working alone
- Using strategies for handling conflict and stress
- Prioritizing and organizing tasks

Targeted skills are specific to various workplace environments: food services, office and library settings, plant care/maintenance settings, and community contract work.

Preparation for Food Services Settings
- Gain hands-on experience through helping to run a coffee shop
- Learn specific skills such as reading recipes and instructions, serving customers, cleaning and handling food following public health regulations, and maintaining inventory

Preparation for Office and Library Settings
- Prepare to enter a variety of office, and library settings
- Gain hands-on experience through maintaining a resource room
- Learn specific skills such as laminating, binding, shredding and photocopying as well as how to categorize, repair and organize books and other resources
Adaptive Learning Program
Preparation for Plant Care and Maintenance Settings

- Prepare to enter a variety of settings to assist with plant care and basic indoor/outdoor maintenance
- Gain hands-on experience through working in a recycling program
- Learn specific skills such as tracking plant care, preparing seedlings for planting, selling, and general cleaning

Program hours:
Monday to Thursday
8:00am to 12:00 noon
or 9:00 am to 3:10 pm
September to June
(in line with school calendar)

Location:
Albert Street Education Centre
440 Albert Street
Ottawa, ON K1R 5B5

More Information:
Call (613)239-5951

Registration and Assessment

- Call (613) 239-5951 to make an appointment
- Each student will be assessed according to Ministry of Training, Colleges and University criteria to determine eligibility
- Call in September of your student’s last year for the following September intake
- Bring your latest report card, evaluation and Individual Education Plan

(Funded by the Ministry of Training, Colleges and Universities.)