

# Shirka Waalidiinta ee 2022

## Dib uwada xidhiidha Iskana war helaa

### Wicista dhammaan walidiinta iyo daryeelibixiyeyaasha OCDSB

Kasoo qaybgal Shirka Waalidiinta oo aad xog ka  
helaysid halkaasoo:

- ✓ Hadal muhiim ah uu ka jeedin doono Dr. Michael Cheng oo ka socda CHEO isagoo ka hadli doona dhisidda adkaysiga caruurta iyo dhallinyarta ee ku nool dunidan aan waxba la hubin
- ✓ Khubaro OCDSB ayaa waxa ay bixin doonaan hagis ku saabsan taageerooyinka caafimaadka maskaxda, akhriska iyo barashada luuqada, waxbarashada gaarka ah iyo in kaloo badan
- ✓ Khubarada bulshada ayaa ka hadli doona caadysiga ciyaarista gaymamka iyo aragtida ardayda

- » Dhowr qaybood oo ka mid ah ayaa lagu bixinaya luuqadaha Carabi iyo Soomaali.
- » Qaypta ugu mihiimsani waxaa qayb ka noqon doono turjumaanka dhagoolka.
- » Maaskaraha in la xidho ayaa la dhiirrigelinaya.
- » Meelo biyaha laga buuxsado ayaa aad ka heli kartaa iskuulada — fadlan soo qaado caagadaada biyaha.



Halkan dhag  
ka sii si aad isu  
Diwaangeliso



## Siminaarada:

### **Dhibaatada ka dhalata Isticmaalka Gaymamka iyo Tiknoolojiyada: Ka Hortagga iyo Hagista Daryeel Bixiyaha**

(Adeegyada Qoyska iyo Balwada ee Rideauwood, Lambarka Qolka: 234)

Qaybtan, oo ay soo jeedinayaan La taliyayaasha Rideauwood ee ka socda Barnaamijka Ku Salaysan Iskuulka, waxa ay ka qaybqaatayaasha ka caawin doontaa in ay fahmaan la qabsiga balwada iyo habdhaqanada dhibaatooyinka leh ee la xidhiidha ciyaarista gaymamka iyo isticmaalka tiknoolojiyada ee dhallinyarta. La taliyayaashu waxay sharraxi doonaan arrimaha khattarta ah iyo calaamadaha digniinta, iyo sidoo kale talooyin ku caawin kara iyo arrimo dufaac u noqon kara. Barnaamijyada iyo khayraadka taageera daryeel bixiyayaasha iyo dhallinyarta ayaa la sharixi doonaa.

### **Problematic Use of Gaming and Technology: Prevention and Caregiver Guidance**

(Rideauwood Addiction and Family Services, Room Number: 234)

This session, presented by Rideauwood Counsellors from the School-Based Program, will provide attendees with an understanding of addiction and problematic behaviours related to gaming and tech use in youth. The counsellors will review risk factors and warning signs, as well as helpful tips and protective factors. Programs and resources that provide support to caregivers and youth will also be reviewed.

---

### **Sida loo aqoonsado arrimaha khattarta ah ee caqabad ku noqon kara waxbarashada iyo sida loo sameeyo qorshe uu ardaygu ku guulaysan karo**

(Shaqaalaha OCDSB, Lambarka Qolka: 220)

Arrimaha khattarta ah ee aynu aqoonsanay waxaa sababay jiritaan la'aanta wax ka qabasho xili hore ah oo wax loogaga qabanayo ardayda khattaranhan ku waajahda iskuulka, daldalolo dhanka isku duwidda taageerooyinka waxbarasho iyo khayraadka iskuulka ah, saamaynta dhaqamada aan fiicnay ee kooxaha dhigga u ah, isticmaalka maandoriyaha/la qabsiga maandooriyaha, iyo mihiimada ay leedahay abuurista qaab wada xidhiidh oo wax ku ool ah oo ka dhexeeya waalidka iyo ilmaha kanoo ku salaysan kalsooni, wada shaqayn, hoggaamin iyo xoojjin.

### **How to identify risk factors for educational stagnation and formulate an action plan for student success**

(OCDSB staff, Room Number: 220)

The risk factors we identified involved the lack of early intervention in at-risk students' difficulties at school, gaps in coordination with learning supports and resources at school, the impact of negative peer groups, substance abuse/addictions, and the importance of fostering an effective parent-child communication model based on mutual trust, collaboration, leadership and empowerment.