







School Council Tip Sheet

Invite a Speaker

Your School Council can help inform parents about issues that affect your community. Organize an information night and invite a local expert to speak about topics parents and students care about.

The OCDSB Communications team can help you find a great speaker. Below are a few examples, contact *communications@ocdsb.ca* for more information.

Area of Expertise	Speaker	Organization
Body Image	Laurie Clark	Centre for Healthy Active Living, Children's Hospital of Eastern Ontario
Cannabis		Ottawa Public Health
Children's Mental Health	Dr. Tracy Vaillancourt	School of Psychology, Faculty of Social Science University of Ottawa
Children's Mental Health	Dr. Ian Manion	Ontario Centre of Excellence for Child and Youth Mental Health
Concussion	Dr. Andreé-Anne	Children's Hospital of Eastern Ontario, Research Institute
Crisis Intervention	Dr. Clare Gray	Child & Adolescent Psychiatry, Children's Hospital of Eastern Ontario
Cyber Bullying	Dr. Neil Gottheil	Turning Corners Psychological Services
Cyber Crime	Cont. Carrie Archibald	Ottawa Police Service
Equity	Chris Dsouza	chrisdsouza.ca
How to Talk With Our Kids About Money		Canadian Foundation for Economic Education

Mental Health and Addiction Coping and Resilience	Natalie Markoff	Parents' Lifelines of Eastern Ontario
Mood and Anxiety	Dr. Phil Ritchie	Youth Services Jeunesse
Motivational	Tracy Schmitt	Unstoppable Tracy
Physical Education and Health Curriculum	Rebecca J. Lloyd	Faculty of Education, Ottawa University
Reducing the Risk of Child Sexual Abuse	Karyn Kibsey	Canadian Centre for Child Protection
Self Regulation	Vicky Storaas	The Mehrit Center, Ottawa Chapter
Social Networking & Online Safety	Paul Davis	Socail Networking Safety
Speaking Out Against Racism and Intolerance	Eva Olsson	https://www.evaolsson.ca/
Supporting Mental Health for Students with Autism	Jonathan A. Weiss	Developmental Disabilities and Mental health Lab, York University
When Technology Takes Over		Rideauwood Addiction and Family Services

