

Let's Make Teddy Toast with Core Words

Ingredients and tools (see visual list on next page)

- ✓ ½ a Bun or a Slice of Bread
- ✓ 1 Banana
- ✓ 3 Raisins or 3 Chocolate Chips
- ✓ Margarine (or Butter)
- ✓ Knife
- ✓ Plate
- ✓ If available, core words on a communication board, device or individual core word cards



Directions for Making Teddy Toast (see visual directions on last page)

Core it up!!!!

There are several core words that children can use during this activity but start with focusing on using one or two core words: **on** and/or **ready**. Remember that YOU need to model pointing to the word to show your child what to do. There will be many opportunities for your child to use **on** when they are putting items on the bun or banana slice or tell you that they are **ready** to move on to the next step.

There are also many possibilities for your child to make choices of what items to use (e.g., bun/bread/waffle for the face; margarine/nut butter/cream cheese/pudding/jam for spreading on the face; raisins/chocolate chips/nuts for the eyes and nose; banana slices/orange slices for the ears and nose). Then you can model "I like _____," "I want _____" or "want different"

How to add more core words.

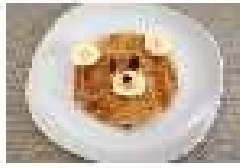
Have the ingredients hidden in a paper or cloth bag. Then ask "Are you ready?" Your child can tell you '**ready**' to start the activity. Then you can point to '**what**' and say "What is in the bag?" Wait for your child to use '**what**' '**look**' or '**help**' '**I want (to) help**' before each ingredient is revealed.

Encourage your child to tell you 'ready' when they have finished cutting the slices or putting the slices on the bun. You might need to ask '**do you want help**'

Only cut one banana slice at a time and then they can ask for "**more**" cutting or '**more**' banana slices. Point to '**stop**' to model how they can tell you if they have enough slices. Count the raisins and banana slices and have them say '**more**' or '**stop**.'

Finally at the end of the activity, talk about if they '**like it**' or '**don't like**' the snack, if it is '**good**' or '**not good**.' When you are done eating, use 'gone' or 'finished'. You can also find out whether you should '**do more**' or use '**different**' ingredients for the next time (e.g., cream cheese for a polar bear or nut butter for a brown bear.

You could also put some silly items in the bag (e.g., a sock, plastic toy, etc.) so there is an opportunity to use '**uh oh**' '**not like**' or '**not good**' or '**want different**.'



Teddy Toast



What do we need?

☐

bun



OR

bread slice

☐

raisins



OR

chocolate chips

☐

margarine

☐

knife

☐

banana

☐

plate

