



# Mental Health & Well-Being Strategy and PPM 169

On July 28, 2023, the Ministry released [Policy/Program Memorandum 169](#) related to Student Mental Health. The purpose of the memorandum was to outline requirements for school boards and school authorities to provide culturally-responsive, evidence-informed student mental health promotion, prevention and early intervention services that respect students as complex individuals and provide appropriate supports for their diverse needs (Ministry of Education, 2023). The Ottawa-Carleton District School Board's Mental Health Strategy clearly aligns with the commitments found in the PPM.

PPM 169	Belonging	Building	Bridging
Three-year mental health and addictions strategy and one-year action plan	X	X	X
Joint local planning with community-based child and youth mental health providers		X	X
Multi-tiered system of supports	X	X	X
Consistent use of evidence-informed brief interventions and standardized measurement		X	X
Suicide prevention, intervention and postvention protocols		X	X
Virtual care delivery	X	X	X
Enhanced educator and staff mental health literacy	X		
Mandatory mental health literacy for students	X	X	
Family mental health awareness and literacy	X		
Social-emotional learning	X	X	
Mental health absences			X